

Curling Clinics



This is a great opportunity to get instruction on your game and improve your delivery. Each Clinic will have two sessions. Beginner Clinics for newer curlers and an Advanced Clinic for more experienced curlers.

Certified Level 2 and 3 instructors will work with you on Balance, line, release and techniques (sweeping, weight control, takeout power, communication etc)

Cost: no charge – due to cancelling opening clinics this year

**Saturday November 5
3:00 to 5:00 pm – Beginner Clinic
5:00 to 7:00 pm – Advanced Clinic**

The sign up sheet is located at the main bar. We have limited space for this clinic so please sign up now if you are interested.

**Or reserve your spot by emailing us at cfbhfxcurling@eastlink.ca
or calling: 455-1444**

